



● IN DEMAND: Clairvoyant medium Julie Cryer from Selby

# People turn to psychic powers

BY LUCY WARWICK-CHING

PROFESSIONAL people in West Yorkshire are turning away from traditional counselling towards spiritual psychic healing as a way of dealing with pressures at work.

A number of large businesses have begun this year to incorporate spiritual counselling into their stress management plans – starting with meditation groups for their staff.

In the early part of the millennium psychics, astrologers and the self-help industry are becoming increasingly popular sources of advice.

While many people still rely solely on charity counselling such as The Samaritans, others are placing their faith in meditation and tarot cards.

There is now such high demand for this kind of psychic prediction that clairvoyant medium Julie Cryer from Selby is setting up another office in York Place, Leeds, from January 27. She already has many professional people including celebrities that depend on her.

She said: "The turn of the century

has encouraged people to use alternative therapists, with people beginning to take spiritual mediums more seriously. The Leeds office will cater for the growing number of professional people who come for advice.

"Lifestyles are changing and people of this generation are using clairvoyants to predict whether they will be successful and achieve their goals. The main things they want to predict are their career, personal life and health and I can inspire them to fulfil

their ambitions in these areas.

"This year in particular people seem to want to see into the future and believe a clairvoyant can give them the inspired outlook they need. It is easy to get lost along the way sometimes and I have spoken to many people who have simply forgotten the ambitions they once had. I just put their plans back into focus and help them to realise their dreams.

"New forms of communication such as the Internet have meant that people are broadening their minds and the public is starting to accept some forms of spiritual communication."

Tress Connor, a spiritual medium and healer from Leeds, who published the book *Step Into My World*, believes interest in spiritual healing has grown because of the levels of stress in people's work. Her clients include doctors and barristers.

She said: "I have been approached by many large businesses that want me to run awareness meditation classes to deal with stressful high-powered jobs. People are realising they need to find themselves and become more spiritual."

## TALKBACK

### WHAT DO YOU THINK?

- *Would you consider going to a psychic or a clairvoyant, or would you rather stick to more traditional ways of getting over stress?*
- *Call us on the YEP Talkback line on 0113 238 8152. Lines are open 24 hours.*
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